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TRIOG

Vol. II - July-September, 2024

Newsletter

TRIOG HIGH SCHOOL, Tokha-6, Kathmandu, Tel: 4965285, 4981695, Email: info@triyog.edu.np

Message from the Principal

Dear parents, guardians, and well wishers,

As the festive season draws to a close, we hope that this joyous time has filled your hearts with warmth, peace, and memorable moments spent with your cherished loved ones. May the light and spirit of celebration continue to shine brightly in your lives, bringing comfort and happiness.

We find ourselves navigating through the third term of the academic year, and we are delighted to share that we have successfully completed all planned activities prior to the Dashain and Tihar holidays. Our students showcased their academic abilities in the half-yearly examination. Their dedication and hard work are commendable, and we take pride in their achievements. In addition to academics, we have continued to create a vibrant and holistic learning environment. The Co-Curricular and Extra-Curricular Activities (CCA and ECA) have been a source of inspiration and accomplishment. Events such as Sports Week and Inter-House Competitions have not only highlighted our students' talents but have also instilled the values of teamwork and sportsmanship.

The vibrant festival celebrations were a true visual extravaganza that fostered immense solidarity and cultural appreciation. The enthusiasm and energy generated were palpable. The School premises came alive with music, dance, and celebratory activities.

This year has been marked by a remarkable transformation within our school, as we have undertaken extensive renovations designed to enhance our facilities and foster a more supportive learning environment. Although these improvements resulted in a delay in reopening our school, we want to assure you that our dedication to delivering quality education has not wavered.

Our committed faculty members are working diligently to deliver the academic curriculum with excellence. We recognise that this transitional phase may bring about some challenges, but we are optimistic that our collective efforts will help ease any inconveniences. Together, we will embrace this period of change, emerging more resilient and united than before. Thank you for your continued patience and understanding as we strive to create a better conducive environment.

We are dedicated to providing our students with a well-rounded education that nurtures their intellectual, physical, and emotional growth. We would like to extend our heartfelt thanks to our parents and guardians for your invaluable support and partnership. Your encouragement and involvement play a crucial role in shaping the future of our students. As we move forward, let us continue to work together to create a nurturing and inspiring learning atmosphere.

Regards,

Savita Kapruwan

Dashain-Tihar-Mha Puja - Chhath Celebration



A day before the start of the Dashain-Tihar Break, the students, teachers, and staff members came together to honour the traditions and embrace the diversity and the spirit of unity. The day was filled with joy, cultural performances, and unforgettable memories as we celebrated Dashain, Tihar, Mha Puja, and Chhath at School. These activities aimed to share the mythological ideas and religious beliefs behind the celebration, with the young generation and to keep our rich traditions alive.

Celebrations @ Triyog

Guru Purnima



The Triyogees celebrated Guru Purnima at school with tremendous zeal and excitement, showing their appreciation for the teachers and mentors who teach, guide, and provide them with the right direction. The blessing scarf and Tika were used to adorn the teachers making it the ideal start to the day.

Students honoured their teachers' unwavering commitment to interlacing the strands of information, skill, and character to create the tapestry of life. In addition to the class celebrations, the students engaged in friendly basketball games with the teachers, presented mementoes, and performed a variety of stage shows.

श्रीकृष्ण जन्माष्टमी



जुनियर स्कूलका साना विद्यार्थीहरूले श्रीकृष्ण जन्माष्टमी उत्साहका साथ मनाए । उनीहरूले श्रीकृष्णको रूप धारण गरी भजन गायन, संवाद तथा कविता वाचन मार्फत महत्वपूर्ण जानकारीहरू साटासाट गरे ।

100th Day Celebration



The Junior School's young learners celebrated the 100th Day of School on September 1, 2024 through various activities which spread over the whole day. They enjoyed the dances, songs, speeches, poems, stories, jokes, riddles, facial art etc.

Haritalika Teej



The great festivity of Hindu Women, Haritalika Teej was cheerfully celebrated by the female teaching and non-teaching staff members in a fun-filled and musical celebration. Junior School also organized a Teej celebration programme to inculcate cultural values in the young generation. The students and the teachers shared the cultural importance of the festival and danced to the tunes of Teej songs.

Professional Development

DoEIA Adventurous Journey Camp



Our Award Leaders of Duke of Edinburgh's International Award attended the Adventurous Journey Training Camp held at Kakani International Scout Center. The camp facilitated the participants to enhance their leadership skills through training in route planning, navigation, hiking, camp crafting, rock climbing, abseiling, risk management, fire safety, and first aid.

Social Studies Workshop



Social Studies teachers Mr. Kamal Khanal and Ms. Prithula Thapa attended a Social Studies Workshop which was organized by Quality Kathmandu Schools (QKS) and hosted by Aksharaa School. The workshop was designed to enhance teachers' skills in creating effective educational materials and supporting impactful and engaging classroom teaching.

Handwriting Workshop

The Junior School Faculty participated in the Handwriting Skill Enhancement Session. The session was led by our Handwriting Instructor Ms. Meena Khanal with a focus on the Mono Cursive pattern of English letters.



Class Day - Grade III



Grade III celebrated their Class Day based on the theme 'Our Community: Harmony and Equity'. Their varied presentations around the theme were impressive and were applauded by the overwhelming presence of their parents.

Class Day - Grade IV



The students of Grade IV celebrated their Class Day based on the theme 'Kathmandu: Then and Now'. They encapsulated the glorious historical features of Kathmandu from the time of Manjushree to present time. They mesmerized the audience with their performance which reflected the art, culture, artitecture, history, religion, etc. through various presentations.

Field Visits

National Innovation Center



Grade IV students visited the National Innovation Centre, Kirtipur to observe the projects and innovations developed by their team. The students learnt the importance of research and innovation for the economic development of Nepal.

City Mineral Water Beverage



As a part of experiential learning, Grade II students visited the City Mineral Water and Beverage Pvt. Ltd. The students observed the procedure of purifying water to make it safe to drink.

National Botanical Garden



The Kindergarteners visited the National Botanical Garden, Godawari as a part of their theme-based trip on study of plants. They identified various types of plants and flowers, and learnt to differentiate different parts of plants.

Edu Farm



It was an absolute delight for the Grade VII students as they had an insightful field visit to Edu Farm. They immersed themselves in the beauty of nature, learned about sustainable farming practices, and got up and close with various animals on the farm. Our students had an incredible time understanding the importance of organic farming. It was a hands-on learning experience that truly brought classroom lessons to life.

ISKCON



The little Kindergarteners were taken to ISKCON (International Society for Krishna Consciousness), Budhanilkantha on the day of Shree Krishna Janmaastami to inculcate in them the cultural value of the festival.

Standard Nursery



The students of Grade III visited the Standard Nursery, Bansbari to study about different types of annual and perennial plants and their features. They gathered information about several plant species.

Nepal Rastra Bank



Grade X D visited the Nepal Rastra Bank at Baluwatar to gain valuable knowledge and insights into the functions of central bank and the importance of financial literacy. They got an opportunity to interact with the Governor of NRB, Mr. Maha Prasad Adhikari who shared his expertise and experiences. Additionally, they attended informative sessions on financial literacy with Mr. Bishesh Karki. Deputy Directors Ms. Nabina Dhakal and Mr. Tek Raj Bhandari also guided them through various departments of the bank where they learned the vital roles played by each department.

National Horticulture Center



As a part of their outdoor learning, the students of Grade II visited the National Horticulture Center, Kirtipur. They identified different types of plants and learnt about their use in our life.

Kirtipur Parikrama



Grade VI students did 'Kirtipur Parikrama' as a memorable field visit to deepen their learning about Kirtipur. They explored the rich cultural heritage of this ancient town, visited historic temples, and learned fascinating stories about its past. The curious students engaged themselves in gathering insightful informations and soaking in every bit of the same.

Community Visit



The students of Grade III visited different infrastructures like Bhatbhateni Department Store, Grande Hospital, Tillingtar School, Siddharth Bank, Maharajgunj Police Station and Green Grocery. They learned the role of these infrastructures in the community.

Interactions

Parent Teacher Meeting - Half Yearly



The Parent-Teacher Meeting of Half Yearly Examination allowed educators and parents to discuss students' progress, behaviour, and academic performance. Besides the parent-teacher interactions, the art and craft works of students were exposed to an exhibition which got appreciation from parents.

Parents Orientation on Assessment Format



The interaction sessions were conducted on the (New) Assessment Pattern and (New) Progress Report Card for the parents of Grades I, II and III. The sessions were led by the Junior School In-charge, Mr. Lal Kesh Panday and the Junior School Nepali HoD, Ms. Samjhana Acharya.

Orientation on SEL



Parents of Middle School students attended a parental workshop on 'Embracing the New Normal: Adapting to Change with Emotional Intelligence in a Rapidly Evolving World' conducted by the School SEL counselor, Mr. Purusottam Thapa. The workshop helped parents to gain understanding on how to handle their child's behavior in today's context.

Interaction on Water and Sanitation



SDG enthusiasts of Grade V broadened their understanding of SDG Goal 3: Good Health and Well-being, and SDG Goal 6: Clean Water and Sanitation. Ms. Yasoda Shrestha, a professional engineer in water, sanitation and infrastructure development, Dr. Neera Pathak, MD Clinical Pathology, Kanti Children's Hospital, and Mr. Purusottam Thapa, SEL Counselor interacted with the students and helped them to understand Sustainable Development Goals for global citizenship.

Parent Teacher Meeting - First Unit Test



In the First Unit Parent-Teacher Meeting, the parents and teachers talked about the academic performance, behaviour, and progress of the pupils. These exchanges were intended to promote teamwork for a student's academic and holistic growth. In addition to the parent-teacher interactions, the students' growth was showcased in several areas via the Art & Craft Exhibition, display of clay art, STEAM projects, photographs, and henna art application for charity.

Understanding Bullying



An interactive session on Bullying was conducted for Grade IV students by the School's SEL counselors. Through their engagement in well-designed activities, the students learned the kinds of bullying and its negative impact.

Second Project Day

Grade I



The students of Grade I conducted their Second Project Day to show their learning outcomes based on the theme 'Our Daily Life'. They presented culminating products of their learning. It focused on how they design their daily routine and how it differs from the others.

Grade II



The students of Grade II conducted their second Project Day based on the theme 'Healthy Family'. They displayed their learning outcomes highlighting the importance of a healthy family and ways to remain healthy.

4th Triyog Inter-School Chess Competition 2024



The 4th Triyog Inter-School Chess Competition 2024 was conducted with an overwhelming number of participants from different schools of Kathmandu valley. The chess prodigies fought remarkably to reach the top 10 positions in their respective category. Every move of pieces in this competition taught a valuable lesson to these young talents which will prepare them for their bigger moves in future.

Winners:

VIII-X Category: Triyog High School

VI-VII Category: Triyog High School

IV-V Category: Marvellous School

I-III Category: Euro School Hattigauda

National Children's Day



We joined the nation in celebrating National Children's Day, a day dedicated to honouring the rights, dreams, and potential of children across Nepal. School staff put up their surprise performances for the students and made the day special. The school was filled with excitement, laughter, and vibrant activities that made this year's celebration a memorable one for all.

आयुर्वेद चिकित्सा



कक्षा १० मा अध्ययनरत विद्यार्थीहरूलाई आयुर्वेद चिकित्साको महत्व तथा नेपालमा यसको सम्भाव्यता बारेमा जानकारी दिने उद्देश्यले मिति २०८१-०६-०६ गते विद्यालयको सभाकक्षमा एउटा कार्यक्रमको आयोजना गरियो । सो कार्यक्रममा आयुर्वेद तथा वैकल्पिक चिकित्सालय गैरीगाउँ, काठमाडौँबाट पाल्नुभएकी डा. पूजन अर्यालले आयुर्वेद उपचार पद्धति तथा योग शिक्षाको महत्वका बारेमा जानकारी दिनुभयो । कार्यक्रमको अन्त्यमा विद्यार्थीहरूले आफ्ना केही जिज्ञासा राखेका थिए भने छोटो, मिठो योगाभ्यास गराई कार्यक्रमको समापन गरिएको थियो। सो कार्यक्रमको व्यवस्थापन आयुर्वेद तथा वैकल्पिक चिकित्सालयका विश्वराज घिमिरेले गर्नुभएको थियो ।

Co-curricular Activities/Extra Curricular Activities/Sports

QKS Art Exhibition



The students of Art Group visited the 5th QKS Art Exhibition 2024 which was held at the Nepal Art Council. Art enthusiasts from Grades V to X observed students' art exhibits which inspired them to delve deeper into the vast world of art.

Wushu Grading



The swift movements, explosive kicks & punches, and other techniques of Wushu athletes at the Wushu Grading event proved that Wushu is more than just physical fitness; it also develops discipline, shapes character, and supports mental health in young athletes. The resonated yells of athletes and well-performed moves advocated their promotion to the next belt.

Inter-House Debate Competition



The battle of words, the conflicting arguments and the strategic manoeuvres of the speakers made for a captivating summary of this event. In the Inter-House Debate Competition, debaters from Grades VIII to X bestowed logical reasoning prowess in different emerging contexts. The debates, both prepared and impromptu, were held in WSDC format in both English and Nepali languages.

Inter-House Craft Competition



The talented student groups from Grades I to VII displayed their artistic creativity in the Inter-House Craft Competition where Kindergarteners also participated as independent groups. The teams' innovative thinking and skilled hands brought out some meaningful projects.

Library Activity



As their co-curricular aspect of learning, students enjoy their library time and made it productive. They were engaged in skill development activities such as bookmark making, book cover design, book bracket design, and book review writing. Beyond academics, these activities helped them encourage social interaction and teamwork through group projects and events, fostering communication skills.

Inter-House Solo Singing Competition



Inter-House Solo Singing Competition filled the atmosphere with melodies of music. The participants sang their hearts out in the form of their favourite melodies. Mellifluous voices of young singers from Grades V to X captivated the audience's hearts and compelled them to hum along with them.

Inter-House Solo Dance Competition



The flawless dancers from Grades V to X resonated the ambience of the Inter-House Solo Dance Competition with their rhythmic dancing with the beats. Their actions, expressions, energy, props made the performances commendable.

Trio no Treble's Music Concert



The Trio no Treble, a musical trio based in Norway, performed their melodious instrumental symphonies for our students. The evocative orchestrations of their viola, cello, and double bass poured out melodies in the form of our national anthem, Malashree Dhun, western classical pieces, and many more popular songs which amazed the students and teachers alike.

Inter-House Quiz Contest



Inter-House Quiz Contest was an engaging and intellectually stimulating event that brought together participants to showcase their knowledge and intellect. The quiz featured various categories including General Knowledge, Science, Technology, History, Sports, and more. Participants formed teams and battled through various challenging rounds designed to test their awareness and teamwork.

Sports Week 2024



Students demonstrated their sporting prowess in various sports during a week-long Sports Week 2024. The teams participated in Football, Basketball, Volleyball, Cricket, Badminton, Table Tennis, Chess, Wushu, and Judo. The week was full of exciting matches, amazing performances, and the spirit of sportsmanship. The winners of each event received medals and trophies at a vibrant closing ceremony that marked the end of the week.

Learning Beyond the Classroom

Gavel Club



As leadership and communication have become requisite skills in the modern world, we are diligently working to provide our learners with the opportunities to grow in these fields. Gavel Club plays the most significant role in fostering these skills.

Triyog Gavel Club where students practice leadership and public speaking, installed a new Executive Committee for the term 2024-25. The club conducts regular meetings to practice their oratory skills.

Triyog Scouts



The Triyog Scout Troops accomplished their task-oriented hike, an adventurous experience that helped their physical fitness and mental well-being. Every step on the trail with the gentle touch of air in the serene nature refreshed their minds. The team-building games that they played during the hike demanded their creativity and collaborative skills. After their hike project, they were provided with Scout activity badges and qualified scouts got the promotion Baden Powell Badge.

Global Tiger Day at NTNC



The Eco Club and the FOZ Club members participated in the Global Tiger Day Celebration at the National Trust for Nature Conservation (NTNC), Nepal. They got the opportunity to interact with Rt. Hon'ble Prime Minister about the government's efforts and policies for nature conservation and protection and conservation of tigers in Nepal.

SDG Exit Event



Middle school learners developed a deeper understanding of global challenges and their role in addressing them, through Sustainable Development Goals (SDGs) projects at School. The SDGs encompass critical issues such as poverty, inequality, climate change, education, and health, fostering students' awareness of the interconnectedness of these problems. By engaging with the SDGs, students enhanced their critical thinking and problem-solving skills as they explored potential solutions to local and global issues. They covered the SDG Goals 3, 6, 8, 9, 11, and 16 in the Exit Events.

Achievements

The World Scholar's Cup 2024 Bangkok Global Round



We are incredibly proud of our 3 Junior Teams of Neha Kharel, Soyung Rai, Adiksh Silwal, Sampada Subedi, Ayumi Dhital, Umee Thapa, Sampanna Poudel, Suprim Thapa and Prayas KC for their outstanding performance at the World Scholar's Cup, Bangkok Global Round. Our talented students brought home a total of 35 medals - 23 gold and 12 silver! Neha Kharel's exceptional debating skills earned her a spot in the debate showcase, a remarkable achievement. The team participated in various events including team debate, collaborative writing, scholar's challenge, and scholar's bowl. Their hard work and dedication paid off, as they qualified and have secured themselves a spot in the Tournament of Champions to be held at Yale University later this year. The teams were accompanied by the debate judge, the Senior School In-charge, Mr Churamani Pandeya.

Honoured by PABSON



Ms. Shreyashi Neupane

SEE 2080 Outstanding Award
GPA 4.00



Ms. Sibani Joshi

SEE 2080 Outstanding Award
GPA 4.00



Ms. Soniya Niroula

SEE 2080 Outstanding Award
GPA 4.00



Mr. Anoj Pariyar

Highest Average GPA in
Economics among the PABSON
member schools



Ms. Kabita Shah

प्याब्सन दीर्घ सेवा सम्मान - २०८१,
for rendering her service in the
education sector for 28 years



Pavani Limbu
Bronze Level Award
Duke of Edinburgh's
International Award



Pranisha Khadka
Most Talented Kid
National Kids of the Year
2081



Eva Ranjit
Miss Adorable
National Kids of the Year
2081



Riya Shrestha
Qualified for
45th Chess Olympiad
Hungary as the
National Player of
Nepal



Paridhi Khatri
2nd Runner-Up
Girls Category
1st NPS Samakhushi
Chess Championship



Prajakta Pandey
Third Position
Word Warrior KMC
Inter-School Slam
Poetry Competition

Triyog Model United Nations 3.0



The three-day Triyog Model United Nations 3.0 conference concluded with a proud climax. This platform allowed the young leaders to research and debate on global issues ranging from human rights to international security. They resolved the committee's agenda by going through continuous negotiations and practising diplomacy.

Mr. Karan Vaidya, Honorary Consul of the Republic of Latvia to Nepal motivated the young leaders with his presence and words in the opening ceremony whereas Dr. Surekhsya Thapa, Surveillance Officer of WHO graced the Closing Ceremony and acknowledged the efforts put up by the youngsters to become a global citizens.

Graduation Ceremony, SEE Batch 2080



There was a mix of pride, enthusiasm, and nostalgia in the air on the grounds of Triyog High School during the SEE 2080 Batch Graduation Ceremony. Parents, graduates, and the school family came together to commemorate their accomplishments and reflect on their journey. The day marked the culmination of years of hard work, dedication, and perseverance of the graduates and teachers. Prof. Dr. Shashidhar Ram Joshi, former Dean of the Institute of Engineering, Tribhuvan University graced the occasion as the Chief Guest and motivated the graduates to aim higher.

Academic Excellence Award - Half Yearly Examination

Congratulations Toppers!

Grade IV



Rank	Name	Percentage	Rank	Name	Percentage
1	Sayabung Rai	98.37	11	Raaima Gauchan	94.34
2	Raunak Pradhan	98.14	12	Simran Joshi	94.17
3	Avinna Parajuli	96.93	13	Riyomi Pandit	93.89
4	Nirvik Baniya	95.97	14	Prinsa Chapagain	93.84
5	Anuska Ghimire	95.37	15	Prisha Sharma	93.71
6	Aayan Devkota	95.01	16	Meriya Khatri	93.47
7	Saksham Yadav	94.89	17	Shreeyukta Singh Bam	92.86
8	Aavya Shrestha	94.80	18	Cezanne Sharma	92.43
9	Mahim Singh Kunwar	94.56	19	Shreeja Shrestha	92.39
10	Advik Pant	94.41	20	Tulsi Ram Chaudhary	91.70

Rank	Name	Percentage	Rank	Name	Percentage
1	Sarthak Kunwar	96.58	11	Sarthak Pandit	90.38
2	Deepan Kumar Pandey	95.90	12	Aarush Timsina	90.27
3	Nilabh Nepal	94.90	13	Aashvi Ghale	87.57
4	Subigya Subedi	93.82	13	Ganesh Wagle	87.57
5	Anamol Aryal	92.51	14	Prasanna Adhikari	87.49
6	Agrima Acharya	92.35	15	Abhinabh Sharma	87.23
7	Prithak Bikram Mahat	91.63	16	Naman Singh Yadav	87.12
8	Samanyu Chhetri	91.54	17	Alvin Khanal	86.88
9	Shreyan Karki	91.16	18	Samriddh Kunwar	86.00
10	Adisha Silwal	91.12	19	Nigesha Bagale	85.96
			20	Roman Singh	85.87

Grade V



Grade VI



Rank	Name	Percentage	Rank	Name	Percentage
1	Yuktaa Nepal	93.41	11	Prajna Poudel	85.88
2	Pranavi Neupane	93.28	12	Ayushman Pradhan	85.87
3	Adheep Ghimire	90.10	13	Shayana Phuyal	85.80
4	Anusuya Adhikari	89.16	14	Najma Mahotra	84.95
5	Shreeyashbi Oli	88.51	15	Mrinalini Manandhar	84.53
6	Bidhisha Pant	88.44	16	Swarnim Shrestha	83.56
7	Bipin Khanal	87.70	17	Luv Budhathoki	83.14
8	Kashvi Manandhar	86.94	18	Pragyan Thapa	83.07
9	Angelina Bhandari	86.50	19	Sagar Ghale	82.93
10	Aaradhya Panta	85.94	20	Kaustubh Bhandari	81.97

Grade VII



Rank	Name	Percentage	Rank	Name	Percentage
1	Marico Devkota	94.89	11	Albina Shrestha	85.99
2	Noel Thapa	94.62	12	Pratosh Maharjan	85.63
3	Bishwasta Marasini	91.09	13	Mijas Hang Limbu	84.74
4	Sadhbi Bhandari	90.03	14	Samanyu Shah	84.69
5	Sunivah Bajracharya	89.97	15	Aaradhya Nepal	84.44
6	Aadhya Adhikari	88.65	16	Dibina Thapa	84.43
7	Nyeisha Dura	88.63	17	Paridhi Khatri	84.16
8	Aashna Khadka	88.58	18	Suprit Dhakal	83.82
9	Aashis Agasti	86.49	19	Manak Jung Basnet	83.74
10	Krijon Poudel	86.12	20	Subhadaya Bhatta	83.34

Rank	Name	Percentage	Rank	Name	Percentage
1	Sayori Lama	93.76	11	Rihana Tamang	85.79
2	Priyanshi Chhetri	92.19	12	Rohini Baral	84.9
3	Arbisha Sapkota	92.02	13	Sohan Neupane	83.64
4	Ganesh Paudel	90.98	14	Manashvi Adhikari	83.36
5	Sadira Gautam	90.36	15	Ruhan Puri	83.23
6	Rajbin Karki	89.65	16	Kris Pandeya	82.74
7	Debesh Adhikari	89.02	17	Adiksh Silwal	81.78
8	Samyam Pandey	88.14	18	Ronit Shrestha	81.42
9	Shivangi Pathak	88.11	19	Smarika Adhikari	81.06
10	Abhigya Bhandari	86.54	20	Abima Paudel	80.94

Grade VIII



Grade IX



Rank	Name	Percentage	Rank	Name	Percentage
1	Rashi Kunwar	94.77	11	Sarthak Raj Adhikari	88.24
2	Supriya Phuyal	93.94	12	Kripa Belbase	87.99
3	Kinshu Shrestha	93.40	13	Roshik Poudel	85.98
4	Ipsita Rana	93.25	14	Bibisha Gurung	85.24
5	Sampada Subedi	92.70	15	Swekrit Upreti	84.69
6	Nirvik Khatri	91.69	16	Kriti Rimal	84.34
7	Precious Bikram Mahat	90.38	17	Aayush Tiwari	84.32
8	Neha Kharel	89.47	18	Rajit Acharya	83.64
9	Saumyaa Shrestha	88.62	19	Bibhuti Aryal	83.57
10	Aayam Adhikari	88.48	20	Ayumi Dhital	83.45

Rank	Name	Percentage	Rank	Name	Percentage
1	Aadarsha Raj Bista	92.79	11	Amit Basnet	86.07
1	Aakhyan Ghimire	92.79	12	Prasanna Basyal	83.93
2	Vibhusha Rajbhandari	92.43	13	Anuj Rimal	83.14
3	Pratham Khanal	92.21	14	Sakrit Kuikel	82.93
4	Prayosh Krishna Gurung	90.71	15	Pranav DC	82.86
5	Diva Giri	90.57	16	Bimarsh Tamang	81.57
6	Biwash Joshi	90.14	16	Jyoti Shrestha	81.57
6	Sulaksh Bhatta	90.14	17	Sadikshya Chhetri	81.50
7	Manasha Wagle	89.21	18	Presabi Dhungel	80.21
8	Roshani Paudel	88.43	19	Tshring Dolma Tamang	79.00
9	Susmeen Shrestha	87.71	20	Prapti Silwal	78.57
10	Aashna Hadakhale	87.00			

Grade X





Key Dates (October 2024 - December 2024)

November 14-15	Spelling Contest
November 22	Business Idea Pitching Challenge
November 30	Senior Athletic Meet
December 3-6	STEAM Design Challenges
December 11	Second Unit Test / Pre-Qualifying Exams
December 26	Literary Contest
December 28	PTM - Second Unit Test
December 29	Winter Break Starts

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HIGH SCHOOL



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